195 District Park Highlights Summer Schedule

The 195 District today released details about planned events in the coming weeks at 195 District Park. With Tizzy K's and the Guild open, a wide variety of large-scale events, weekly happenings like the Providence Flea and live music at the Guild, and a wide variety of cultural events scheduled, this will be a fun-filled summer in 195 District Park.

"We are proud to support so many different kinds of unique cultural programs and events in 195 District Park" said Marc Crisafulli, Chairman of the I-195 Redevelopment District Commission. "We're excited to welcome big events like the Day of Portugal, Pride, and the Juneteenth Rhode Island Celebration, and are also looking forward to enjoying the incredible talent of our local independent artists."

Summer highlights include:

Sunset Celebration with Providence Drum Troupe

Providence Drum Troupe, a dynamic, diverse band of illuminated mobile drummers, dancers, flow artists, and circus performers from all walks of life, will play weekly in the park on Tuesdays this season.

PVD World Music Series

PVD World Music returns for a fourth series in District Park, which will unfold monthly from May through October. This season will reflect Rhode Island's rich cultural heritage, featuring different performers each month.

Hula Hooping and Spin Jam with Jessie Jewels

Jessie Jewels will teach on and off-body hooping tricks during this free and open-to-the-public series. No prior experience is needed. Fitness and dance are incorporated, and it's accommodating for everyone.

Play in a Day

A Play in a Day is a user-friendly, easily adaptable way in which people of all ages come together and create a live narrative performance, that is entertaining and joyful for the audience.

Vinyasa Yoga in the Park with Jala Studio

Join Jala Studio for a free weekly yoga class in the park. The practice will incorporate meditation, breathing exercises, and fluid movements inspired by nature. All are welcome; please bring a mat or towel.

Xylos and Marimbas

Michelle Kaminsky brings specially designed xylophones and marimbas of varying sizes to the park as a pop-up invitation to play instruments and collaborate with musicians.

Rhode Island Black Film Festival

Price of Admission, a documentary about the history of Black Baseball in Rhode Island will be screened followed by a discussion with the filmmakers.

(Bar)re Bell and Yoga Summer Pop-Up Series

An outdoor 45-minute Barre class combining aspects of Ballet, Pilates, and Yoga to strengthen and lengthen muscles. This low impact, invigorating practice is accessible and easily modified for all fitness levels. This event is BYOM (bring your own mat). After class, you'll be refreshed with a cocktail/mocktail provided by amazing mixologists from Plant City.

Puzzical Chairs and Pie

Participants will be matched with an initial puzzle partner to assemble an original Sarah Jane Lapp 24-piece jigsaw puzzle for the duration of a song. When the song changes, partners and puzzles change too. Live music will be provided by local Middle-Eastern blues innovators, <u>Skyjelly</u>, and delicious Scialos County Bakery pocket pies will be provided for the first 125 puzzlers.

Providence Children's Film Festival

For four special nights this summer PCFF will be presenting four thematic reels of short films selected from this year's festival. Popcorn will be poppin' and hearts will be stoppin'! All films start just after sunset. Check online for event weather updates: <u>PCFFRI.org</u>

The Rainbow Beard Show: Surf Party

'The Rainbow Beard Show' is an interactive experience that features special guests, puppets, games, stories, songs, and jokes. Each new show explores a deep and simple theme and is written with kids ages 4-8 (and their grownups) in mind. Together we investigate our collective human experience through inquiry and play.

The Summer Salsa Blast

Join an exhilarating outdoor event that celebrates community spirit with free admission. Immerse yourself in the vibrant atmosphere, indulge in delectable offerings from local food vendors, and move to the rhythm of fantastic music - a perfect blend of fun, flavor, and dance for everyone to enjoy!

Amy The Mime

Amy Beth Parravano as her signature character, Amy The Mime, has been entertaining audiences for decades. Her routine includes balloon sculptures and props and encourages audience participation. Fun for kids of all ages!

For the full calendar of events, visit: https://www.195districtpark.com/events/

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